

# Valentine's Day Activities with Your AAC Device

## “Feel the Beat” Game:

### Activity Description:

Have learners find their heartbeat! On the AAC device, label the locations where you can feel your heartbeat, such as the chest, neck, and wrist. Help them count their heartbeat. Engage in a fast-paced activity like running or dancing and have them feel their heartbeat again. Then, sit down and take deep breaths to slow down their heartbeat to show the power of self-regulation.

### Targets:

Body parts (e.g., heart, chest, neck), basic concepts (e.g., fast, slow), emotions (e.g., excited, calm)

## AAC Valentine's Day Cards:

### Activity Description:

Create Valentine's Day cards using AAC devices and craft materials! Use the device to select who the card is for, the color of the paper, the shapes that go on the card, and what the user wants to say! Practice saying phrases like “I love you” on the device.

### Targets:

Colors, shapes, craft items (e.g., scissors, glue), people, emotions, Valentine's Day phrases

## Card Exchange Role Play:

### Activity Description:

Practice exchanging cards with your AAC user to prepare them for Valentine's Day! Practice giving and receiving cards or gifts from others while selecting phrases like “thank you,” “here you go,” or “Happy Valentine's Day” on the device.

### Targets:

Social interaction, greetings, manners

## Valentine's Day I Spy:

### Activity Description:

Use the attached I Spy worksheet to play this fun game for Valentine's Day! Label the items on the device, count them, and write the number in the box!

### Targets:

Numbers, Valentine's Day vocabulary, colors

